

SUMMER 2019

Skill Clinics

Skill clinics are for levels 6,7,8, Xcel Gold and Xcel Platinum ONLY.

These clinics will be focused on particular skills essential at optional level gymnastics.

DATES

All camps will run 8:00am-9:30am

June 15th (reg. ends 6/8)

Location: Powel Crosley, Jr. YMCA

BAR BASICS (freehips, toe to handstand, and giants)

June 29th (reg. ends 6/22)

Location: Westside Academy of Gymnastics

VAULT DEVELOPMENT (tsuks & yurchenkos)

July 13th (reg. ends 7/6)

Location: Powel Crosley, Jr. YMCA

BEAM ACRO (backhandsprings, round-offs, aerials, back tucks, and more!)

July 27th (reg. ends 7/20)

Location: Westside Academy of Gymnastics

FLIPPING ON FLOOR (front and back flipping and twisting)

*Registration for each clinic will close one week before the date of the scheduled clinic. See dates in green.

Please note that clinics are in various locations.

Anyone signed up by **JUNE 7th** is welcome to order a t-shirt. If you sign up for the 4 clinic bundle, the t-shirt is **FREE!** If you sign up for the 2 clinic bundle, you get a **\$5 discount**

COST



Four clinic bundle rate: \$55

Two clinic bundle rate: \$28

Single clinic rate: \$15

*Cost of t-shirts will be determined once we know the number being ordered



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